

The Lodges

Private Residential Care Homes



PERSON CENTRED CARE

Residential And Respite Care For The Elderly

WELCOME TO THE LODGES



The Lodges care homes are part of a family-run organisation providing a luxurious standard of residential and respite care for the elderly.

Our friendly staff provide a professional level of care in a comfortable and relaxed environment ensuring that we maintain the independence, privacy and dignity of all our residents.

The Lodges residential homes, comprise both Tydraw Lodge and Wentworth Lodge and were established in 1983. Homes overlook the Penylan recreation ground and flower gardens – an idyllic setting for enjoying a homely and relaxing lifestyle.

OUR CARE PROMISE

Individual Person Centred Care

Our staff are exceptionally well trained and committed to promoting the culture of excellence that the homes have become known for. Many of our team have been working with us for nearly twenty years.

Our staff provide a professional level of “individual person centred care” based on personal life history with the continuous emphasis on the maintenance of privacy and dignity whilst simultaneously promoting the independence and rehabilitation of all our residents.



Welcome to The Lodges, comprising Tydraw and Wentworth Lodges situated in the peaceful and picturesque Penylan area of Cardiff with fine views overlooking beautiful parkland.

Tydraw Lodge and Wentworth Lodge provide accommodation for 32 and 14 residents respectively, with single or companion rooms which are all decorated and maintained to high standards.

Established in 1983 by directors Mary and Robert Cottrell the homes provide a high standard of residential and respite care for the elderly.

With a calm and tranquil atmosphere, the homes are ideal for those looking for somewhere safe and comfortable to live. It is registered with the Care and Social Services Inspectorate Wales and accredited with the Local Authority and complies with all the requirements of the relevant statutory bodies. The homes welcome residents who are privately or publicly funded.

We encourage a 'home from home' environment, striving to work in partnership with residents, family, staff and health professionals.

The homes are within easy reach of local facilities including the Wellfield Road shopping area and the beautiful Roath Park Lake.



“Maintaining the independence, privacy and dignity of all residents”



Ty Draw Lodge

Luxury Care Home

Tel: 029 2049 3632

TY DRAW LODGE
LUXURY CARE HOME

OUR ACCOMMODATION

The home has been designed to specifically meet the needs of older service users with physical needs and / or various levels of confusion and dementia related conditions. Tydraw Lodge has thirty two beds and Wentworth Lodge has fourteen beds.

The accommodation is spacious and of consistently high standard, attractively decorated and comfortably furnished. It includes:

- *Several lounges*
- *Pleasant dining rooms*
- *Quiet areas*
- *Quiet garden areas*

When planning bedrooms great attention is paid to the comfort and convenience of the resident, who may bring small items and memorabilia from home to personalise their room. Our bedrooms include:

- *Single and companion rooms*
- *Wash hand basins and vanity unit*
- *TV aerial point*
- *Call bell*
- *Smoke detector*
- *Ensuite bath and shower facilities available in some rooms*
- *Central heating with individual thermostats*
- *Telephone point*

Other facilities available include:

- *Chair lifts*
- *Patio and external seating areas*
- *PC access to receive emails*
- *Fine views overlooking parkland.*

We would welcome you to visit The Lodges to view the facilities and to discuss your care requirements.



“A relaxed and informal atmosphere for those who require comfort and excellence in care”



ACTIVITIES AND LIFESTYLE

There is a relaxed and informal atmosphere at the Lodges for those who require help, companionship and excellence in care.

We look to ensure that all residents engage in an active and independent lifestyle wherever possible.

We encourage this by:

- Looking to maintain relationships with family and friends
- Placing no restriction on visiting times but the most convenient times are between 10.30am and 7.30pm.
- Participation in daily activities – cooking, listening to or taking part in musical events, craft activities, gardening, quizzes, story-telling, films and TV and much more
- Birthdays, anniversaries and events are celebrated
- Supporting special interest and hobbies
- Arranging shopping trips and outings
- Regular visits from both hairdressers and chiropodists
- Continuation of the residents' religious practices within or outside the home.

The Well-Being of Residents

In both homes we provide relationship centred care, placing the needs of the individual at the centre of the care we provide. The care we provide is based on an individual assessment that covers the individual's health and social needs. Our care team develop and continually monitor each care plan to ensure that we are active in reviewing the care we provide to individuals as their needs change.

We take great pride in the quality of our home cooking, providing a nutritious and varied diet. **This includes:**

- Discussing individual dietary requirements
- The provision of three homemade meals daily
- Offering several choices at mealtimes
- Snacks and drinks available 24 hours a day
- Inviting residents to join in menu planning
- Inviting relatives or friends to eat with residents.

The health of our residents is a priority and we have built excellent relationships with local health professionals. Local GPs and district nurses visit the home regularly. In consultation with the GP arrangements can be made either through the NHS or privately for:

- | | | | | |
|------------------------|---------------|------------------|---------------------|----------------------------------|
| • Occupational therapy | • Dental care | • Dietetics | • Continence advice | • Specialist medical consultants |
| • Physiotherapy | • Eye care | • Speech therapy | • Chiropodist | |



*“An active lifestyle
because life is for living “*



OUR TEAM

The Lodges have a positive management and leadership approach with a strong management team with a wealth of experience and knowledge. The management team is led by company director and founder Mary Cottrell. She holds a degree in business administration, was a member of the Care Council for Wales for 7 years and is the Managing Director of one of the UK's leading national domiciliary care franchises with over 20 regional offices across the UK – Everycare UK (www.everycare.co.uk).

The Registered Manager of Tydraw Lodge is Toby Stockton who has many years experience in managing both community based services and residential settings. He holds the relevant management qualification for residential care settings as well as having recently completed a level 7 diploma in strategic management.

Our friendly staff are well trained and committed to promoting the culture of excellence that the homes have become known for. Many of our team have made life-long careers with us at The Lodges. They provide a professional level of 'individual person centred care' based on personal life history, in a relaxed way, with the continuous emphasis on the maintenance of privacy and dignity whilst simultaneously promoting the independence and rehabilitation of all our residents.

Our management approach includes:

- The creation of an open, positive and inclusive working and living environment
- Working to accounting and financial procedures which safeguard residents' interests
- Keeping up to date and accurate records on all aspects of the homes activities
- Promoting the health, safety and welfare of residents, staff and visitors to the homes.
- Ensuring residents experience our devotion and passion in providing excellence in care



“Passionate about providing care excellence”



TESTIMONIALS

The home has achieved the Investors In People Award and we have accreditation with the Sterling University as a provider of specialist dementia Care. We continually work in partnership with friends and relatives of our residents to access information that will assist us in providing the most appropriate forms of care. All our care plans are developed after full consultation with the resident, their family, friends and appropriate health and social care professionals.



"I have been working as a GP in Cardiff for 30 years, during which time I have been called to see patients in The Lodges at a variety of times of the day and night. Without doubt the Lodges offer the best standards of care of any homes that I have visited. I have always found the staff highly professional and compassionate and the homes very pleasant, homely and welcoming. Over the many years that I have known them, I have recommended The Lodges to a number of friends, relatives and patients and those that have become residents have been very happy and well cared for."

Dr. Peter Groom
Cyncoed, Cardiff

"On the occasions I visited The Lodges I have always been impressed with the warm friendly feeling you have in your home. Please thank all your staff for looking after J so well, it was a great relief to J and me to know that she was safe and happy with you. Thank you for everything."

AP

"I have lived at The Lodges since 2002, I am very happy here it's my home. My family visit and they are always made welcome. I had a birthday recently and 14 of my family came and we all celebrated my birthday at Ty Draw Lodge, and I had a great time with all friends."

GH

"Dear June, Chris and all the staff. We just want to thank you for all the wonderful care, patience and kindness you have shown to Mum whilst she has been with you. We are so grateful and thankful that we found such a lovely place as The Lodges for her to make her home. Thank you so very much."

P & A

"The atmosphere at The Lodges is very homely and cosy and mum has settled in really well. It is a relief to us to know she is in capable hands and we no longer have to worry about her everyday safety and welfare."

PC



View these and other testimonials on our website
www.thelodgescardiff.co.uk





The Lodges

Private Residential Care Homes

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